# YNHH EBP Mentors
## Journal Club Planner

<table>
<thead>
<tr>
<th>General Planning</th>
<th>Resources</th>
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<tbody>
<tr>
<td><strong>Meet with your Unit Leadership</strong></td>
<td><strong>Determine logistics</strong></td>
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<tr>
<td>• Endorsement</td>
<td>• Establish space – on unit vs virtual</td>
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<tr>
<td>• Staff meeting agenda item</td>
<td>• Keep it manageable – 30 minutes or less</td>
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<tr>
<td><strong>Promote interest!</strong> Advertise date, time via email – be sure to include how to access the article and appraisal tool</td>
<td>• Consider different shifts – plan two occurrences?</td>
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<tr>
<td><strong>Select your article</strong> based on interests of the staff</td>
<td>• Can you combine with a like unit?</td>
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<tr>
<td>• Evidence based guideline</td>
<td>• Are there huddle times that may be a good lead-in to the journal club?</td>
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<tr>
<td>• Clinical application</td>
<td>• Consider inviting other interprofessional team members, depending on the topic</td>
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<tr>
<td>• Existing clinical questions</td>
<td></td>
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<tr>
<td>• Nothing complicated!</td>
<td></td>
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<tr>
<td><strong>Appraise your article</strong> – read, take notes and identify some questions for the discussion</td>
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Access the YNHH Journal Club page: [YNHH Journal Club | Harvey Cushing/John Hay Whitney Medical Library (yale.edu)](#)

Meet with your Librarian: [Janene.batten@yale.edu](#)
### Facilitating the Discussion
- Start with a 3-5 minute summary of the article
- Ask an open ended question to get the discussion started

### Identify your Appraisal tool
- Use an appraisal tool to identify general & specific questions in advance – see examples below:

### General
- Who would like to share their opinions/thoughts about this article?
- Is the article timely and relevant?
- Is this a reputable journal? Peer reviewed journal?
- What type of research article is being discussed?
- What level of evidence does this article demonstrate?

### Specifics
- Purpose: Is the problem statement clearly articulated? Are the objectives and aims clear?
- Introduction & Background:
  - Is it well described?
  - Does the literature review support the problem?
  - Are the references current and from respected sources?
- Methods
  - Study design, setting, sample size and characteristics
  - Study procedures, instruments, human subjects protection, data analysis
- Results and Conclusions - Are conclusions supported by the results?
- Is this research study relevant to my practice setting?
- Can the results be generalized to my practice setting?
- How does this compare to our practices, policies and procedures?
- Do the findings suggest a need for an evidence-based practice change?
- Do the results suggest further research to support the findings?

### Appraisal Tools:
- YNHH Appraisal Tools – From YNHH Journal Club page
- Step by Step Refresher (FULD):
  - Rapid Appraisal Guide Part 1:
  - Rapid Appraisal Guide Part 2:
- JBI Tools
  - Critical Appraisal Tools | JBI